

TAMILNADU COUNCIL FOR OPEN AND DISTANCE LEARNING

Approved by International Council for Open & Distance Education (ICDE), Oslo, Norway

Internationally Recognized Institution Registered under Tamilnadu Govt Act

Syllabus for Grade- 1 Examination

Examination Scheme

Component	Marks
Practical Examination	50
Theory (Oral Examination)	25
Project Work	25
Total	100

Practical (50 Marks)

1. *Namaskaram*

- Thattikumbiduthal (Traditional Bharatanatyam Namaskaram)

2. *Basic Adavus*

- Thattadavu – 8 Variations
- Nattadavu – 8 Variations
- Paraval Adavu (Mardhitha Adavu / Pakka Adavu / Meetu Adavu) – 5 Variations

3. Basic Postures

- Correct Araimandi Position
- Natyarambha Position

4. Asamyukta Hastas

- Recitation of the Asamyukta Hasta Shloka
- Demonstration of all 28 Asamyukta Hastas

Note

- Thattadavu Variations 1–8 shall be performed in Ādi Tāla.
- Variations 3 and 8 of Thattadavu may additionally be demonstrated in Rūpaka Tāla.
- Students who have already learnt Nattadavu (1–8) and Paraval Adavu (1–5) may continue to practise the prescribed variations.
- Institutions following a traditional syllabus with a smaller number of variations may retain the same, subject to the regulations of the examining body.

Theory (Oral Examination) – 25 Marks

1. Guru Shloka

- Text
- Meaning
- Significance

2. Dhyāna Shloka

- Text
- Meaning
- Significance

3. Asamyukta Hastas

- Sanskrit Name
- Formation of Fingers
- Meaning and Uses

4. Tāla Fundamentals

- Time Measurement of Ādi (Tripuṭa) Tāla
- Time Measurement of Rūpaka Tāla
- Basic Notation System

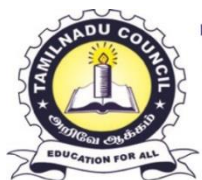
Project Work – 25 Marks

Applications of Hasta Mudras in Everyday Life

Students may identify and explain common gestures used in daily activities and relate them to classical Hasta Mudras wherever applicable.

Stories of Bala Ganesha

Students may present one or more stories of Bala Ganesha, highlighting their moral, cultural, and spiritual significance.



TAMILNADU COUNCIL FOR OPEN AND DISTANCE LEARNING

Approved by International Council for Open & Distance Education (ICDE), Oslo, Norway

Internationally Recognized Institution Registered under Tamilnadu Govt Act

RULES AND REGULATIONS

1. Eligibility Criteria

- Candidates must have completed **1st Standard schooling or minimum 7 years of age** at the time of admission.
- A **minimum of 6 months of prior training** in the relevant discipline is mandatory before enrollment into the program.
- Admission is subject to verification of age, educational background, and prior training certification (where applicable).

2. Attendance Requirements

- A minimum of **75% attendance** in both theory and practical classes is compulsory.
- Students falling below the required attendance will not be permitted to appear for examinations unless condoned under special circumstances approved by the institution.
- Attendance will be recorded for each session, and punctuality is mandatory.

3. Internal Assessment System

- Internal assessments will be conducted **once every two months**.
- An assignment will be issued at the **beginning of the first month** of each cycle.
- The completed assignment must be submitted **on or before the 15th day of the second month**.
- Late submissions may be accepted only with valid reasons and approval from the faculty, subject to penalty or reduced marks.

- Internal marks will be based on assignments, class participation, discipline, and periodic evaluations.
-

3A. Guidance and Assistance Policy (For Assignments and Projects)

- As students are in the foundational learning stage (approximately 7 years of age), they are permitted to take **guidance and assistance from their Guru (teacher) and parents/guardians** while completing assignments and project work.
 - However, the **primary work, creative effort, and execution must be done by the student themselves.**
 - The objective is to ensure learning, skill development, and understanding, rather than completion by others.
 - Any work found to be fully completed by parents or external persons without student participation may be considered invalid for evaluation.
-

4. Project Work

- Project work will be notified **at least 3 weeks in advance** which should be done in the aforementioned topics.
 - Students must submit their projects within the stipulated deadline mentioned in the notification.
 - Projects must be original work. Any form of plagiarism or copying will result in disqualification of the submission.
 - Viva-voce (oral examination) may be conducted as part of project evaluation.
-

5. Examination Regulations

- Students must appear for all internal and external examinations as per the schedule announced by the institution.
- Hall tickets/eligibility cards will be issued only to students with required attendance and fee clearance.
- Malpractice or unfair means during examinations will lead to strict disciplinary action, including cancellation of papers or disqualification.

6. Code of Conduct

- Students are expected to maintain discipline, respect faculty members, and uphold the dignity of the institution.
- Use of mobile phones or electronic devices during classes or examinations is strictly prohibited unless permitted for academic purposes.
- Any form of misconduct, indiscipline, or disruption of classes will be dealt with seriously.

7. Promotion and Completion Criteria

- Students must successfully complete both **theory and practical components** to be eligible for promotion to the next level.
- Passing criteria will be as per institutional or university guidelines (minimum 40% in each component).
- Completion certificates will be issued only after fulfilling all academic, attendance, and fee requirements.

8. Leave Policy

- Leave must be informed in advance or submitted with valid reason post-absence.
- Long-term absence without approval may lead to cancellation of enrollment.
- Medical leave must be supported by valid medical certificates if required.

9. Fee Regulations

- Fees must be paid within the prescribed deadlines.
 - Late fee payments may attract penalties as per institutional policy.
 - Fees once paid are non-refundable except under special institutional circumstances.
-

10. General Guidelines

- Students are expected to actively participate in all academic, practical, and cultural activities.
- The institution reserves the right to modify rules, syllabus, and assessment patterns when necessary.
- Any disputes or issues will be resolved under the jurisdiction of the institution's governing body.

